



## LIST OF CURRENT PROGRAMMES

SPEYSOUND RADIO LIMITED  
Suite 5, Aviemore Shopping Centre  
Grampian Road, Aviemore PH22 1RH  
Tel: 01479 811888  
[www.speysound.com](http://www.speysound.com)  
[studio@speysound.com](mailto:studio@speysound.com)

### Prime Time Programmes

#### B.P.M.

Fridays 16:00 – 18:00

Sundays 10:00 – 12:00 (repeat)

Tuesdays 19:00 – 21:00 (repeat)

Hey boy, hey girl, superstar DJ.....here we go!

A show for those of you who reached for the lasers over the decades. Join DJ Blu in his Radio Time Machine as we head back to the 80s and work our way back to modern day. With nostalgia and tracks that will have you stomping, head bobbing, and putting your hands up in the air. The theme is electronic music, whether it be 80's synth pop, 90's Rave, perhaps 00's Trance, or our current EDM trend.

Turn the lights down and the volume up. The weekend has landed.

#### Big Sunday Breakfast

Sundays 08:00 – 10:00

Wednesdays 10:00 – 12:00 (repeat)

Wake up to Sunday mornings with Grant Gallagher's selection of tunes to get you going.

### Presented Programmes

#### Keeping it Country

Mondays 19:00 – 21:00

Wednesdays 16:00 – 18:00 (repeat)

Saturdays 18:00 – 20:00 (repeat)

Gordon Hay and Duncan Mackellar bring the best of American Country, Southern Rock and Americana music from across the pond straight into your house, together with details of who is touring, concerts, tickets etc. all with the slightest touch of home based humour.

#### Funky Soul

Mondays 21:00 – 22:00

Thursdays 11:00 – 12:00 (repeat)

Sundays 18:00 – 19:00 (repeat)

Cath's selection of funk and soul.

### The Golden Age of Rock 'n' Roll

Tuesdays 11:00 – 12:00

Thursdays 1400 – 1500 (repeat)

Saturdays 17:00 – 18:00 (repeat)

Frank Adam grew up listening to the music of the mid to late 50s and the 60s – from the coming of Elvis and Little Richard right through the British invasion of the U.S. charts by the Beatles and the Rolling Stones, all of which went on to formulate the era which he calls "The Golden Age of Rock 'n' Roll".

Whether you were there the first time or not, Frank does all the remembering for you, and the music sounds just as fresh today as it did on his Dansette record player way back in the mists of time.

### Americanaville

Tuesdays 21:00 – 22:00

Thursdays 15:00 – 16:00 (repeat)

Fridays 1000 – 1100 (repeat)

Sundays 13:00 – 14:00 (repeat)

Todd Westbrook's show travels across 70 years of the North American musical landscape, including alt.country, alternative, americana, bluegrass, blues, cajun, country, country & western, cowpunk, folk/neo-folk/post-folk, mariachi, roots, singer/songwriter, southern gothic, southern rock, tejano/tex-mex and twang. And the occasional curve ball!

### Youth Radio

Wednesdays 15:30 – 16:00

Thursdays 22:00 – 22:30 (repeat)

Saturdays 1200 – 1230 (repeat)

A variety programme, brought to you by the younger members of the Badenoch & Strathspey Community.

### Folk 'n' That

Wednesdays 20:00 – 21:00

Fridays 15:00 – 16:00 (repeat)

Sundays 14:00 – 15:00 (repeat)

Mondays 1300 – 1400 (repeat)

New and topical folk material - mainly Scots and Irish but lots of other stuff too! And the "'n' That" bit gives a bit of licence to get away with anything else Donald MacGregor fancies.

### Musica Mundi

Wednesdays 21:00 – 22:00

Fridays 11:00 – 12:00 (repeat)

Sundays 15:00 – 16:00 (repeat)

Lewis Thomson presents a World Music programme with everything from Cajun from the Southern States of the USA to Gamelan from Bali, Bhangra from India and music from the islands of the Pacific.

### Starmaker

Thursdays 17:00 – 18:00

Saturdays 15:00 – 16:00 (repeat)

Mondays 10:00 – 11:00 (repeat)

Every week Speysound receives submissions of new music from artists looking for a break, hosted by Lewis Thomson, this is their place to shine.

### Kick in the 80s, Punch in the 90s

Thursdays 18:00 – 20:00

Saturdays 10:00 – 12:00 (repeat)

Mondays 14:00 – 16:00 (repeat)

Grant Gallagher's eclectic mix of music from all genres, but all from those excellent decades for music – the eighties and the nineties.

### Speysound Ceilidh

Thursdays 20:00 – 22:00

Saturdays 14:00 – 16:00 (repeat)

Tuesdays 13:00 – 15:00 (repeat)

Sheila Mackay hosts our bi-lingual English/Gaelic programme, make sure you tune in for her Gaelic lessons.

### The Week In Holyrood

Fridays 12:00 – 13:00

Charles Fletcher's current affairs report from Holyrood.

### Megan's Mixtape

Saturdays 02:00 – 03:00

Mondays 1100 – 1200 (repeat)

Wednesdays 1900 – 20:00 (repeat)

Fridays 13:00 – 14:00 (repeat)

A mix of Megan's favourite music, mostly upbeat rock and alternative. Expect the unexpected, however – there will be the odd pop track in there and who knows what else? Tune in to find out.

### The KISSEL Radio Hour

Saturdays 03:00 – 06:00

Fridays 21:00 – 00:00 (repeat)

Freakdog presents his mix of tunes and observations live from KISL 88.7 FM, Speysound's sister station in Avalon, Santa Catalina Island, California.

### Speysound's House Party

Saturdays 20:00 – 22:00

Mondays 22:00 – 00:00 (repeat)

Wednesdays 10:00 – 12:00 (repeat)

Speysound is the place to be on a Saturday night with Jack Morrison getting you ready for the weekend, playing the latest house and club music from around the world.

### Shuffle Sessions

Saturdays 22:00 – 00:00

Mondays 16:00 – 18:00 (repeat)

Fridays 19:00 – 21:00 (repeat)

The ultimate war of chalk versus cheese; superman versus kryptonite; Garfield versus Odin. Cue dramatic music... Two 'digital music service' accounts collide in the ultimate battle of whose music collection is superior! Each week over two glorious hours Pete and Cath Wright will tease your lugholes with an eclectic mix from Audioslave to A-Ha, The Smashing Pumpkins to S Club 7 and anything and everything in between as they try and figure out just who does have the better music taste! With the unknown of just what will be played next when 'shuffle' is pressed, there is bound to be something for everyone eventually.

### Out & About With Speysound

Sundays 17:00 – 18:00

Tuesdays 15:00 – 16:00 (repeat)

Thursdays 1300 – 1400 (repeat)

Lewis Thomson presents Speysound's community orientated programme spotlighting organisations and enterprises in the area.

Broken Sundays

Sundays 20:00 – 21:00

Tuesdays 2200 – 2300 (repeat)

Wednesdays 1300 – 1400 (repeat)

Sundays 06:00 – 07:00 (repeat)

Gospel & Christian Rock with Paul Macdonald.

The Wastelands

Sundays 21:00 – 22:00

Tuesdays 1000 – 1100 (repeat)

Wednesdays 22:00 – 23:00 (repeat)

Fridays 14:00 – 15:00 (repeat)

Paul Jarvis' fringe world where alternative music goes to be discovered.